

# CONTACT INFORMATION & REFERRALS for GPs treating patients living with disability

- **Integrated Disability Action (IdA) – Ph: 8948 5400**

IdA is a voice and support network for people with disability. Their mission is to help empower people with a disability, improve the quality of their lives and improve the professionalism of the disability sector.

- **Dementia Australia NT – Ph: 1800 100 500**

Younger Onset Dementia - Dementia Australia in the NT provides individualised information, support, counselling and service linkage for people living with dementia, their carers and family members. Additionally, support can be provided to access and coordinate NDIS plans.

- **Darwin Community Legal Services (DCLS) & Seniors & Disability Rights Service (SDRS)  
Ph: 1800 812 953**

DCLS and SDRS have a team of experienced NDIS lawyers and advocates who can offer free, confidential help. This includes information and support to help people access the NDIS, get support, make complaints, and ensure their rights are upheld.

- **Disability Advocacy Service Alice Springs (DAS) – Ph: 8953 1422**

Disability Advocacy Service offers a free, confidential advocacy service to persons and families with a disability, supporting and empowering clients to exercise their own rights in accordance with the NT Disability Advocacy Standards.

- **Mental Illness Fellowship NT Inc (MIFANT) – 1800 985 944**

MIFANT provides support, education, advocacy and respite for those with a mental health concern, carers and families and friends in Darwin, Alice Springs and Tennant Creek.

- **NPY Women’s Council Alice Springs – (08) 8958 2345**

This council provides support, respite, advocacy and case management to older people and people living with disabilities.

- **NT Anti- Discrimination Commission – Ph: 1800 813 846**

The discrimination commission provides information about personal rights and responsibilities under anti-discrimination law. They also accept, investigate and help resolve complaints of discrimination.

- **Health & Community Services Complaints Commission – Ph: 1800 004 474**

This commission provide assistance to Territorians to resolve complaints about health, disability, and aged care services and make recommendations to improve the quality of these services.

- **NT Council of Social Services (NTCOSS) – Ph: 8948 2665**

As a peak body for the social and community sector in the NT, NTCOSS advocate for social justice on behalf of people and communities who may be affected by poverty and disadvantage.

- **NDIS Quality and Safeguards Commission – Ph 1800 035 544**

This phone line allows people to lodge concerns or complaints about NDIS services.

- **NT GOV – Office of Disability – Ph: 1800 139 656**

The Office of Disability provides support to people who are not eligible for or do not have an NDIS plan.