

# Dementia services for Territorians

## Patient resource

### Dementia Support Australia (DSA):

DSA aims to improve the quality of life for people living with dementia and their carers. They work in partnership with the person living with dementia and their care network to understand the causes or triggers that led to changes in behaviour.

#### Phone and advisory services:

**DBMAS:** Support services for people with dementia who are experiencing changes in behaviour that impact their care or the carer.

**SBRT:** 24/7 mobile service for people with dementia who are experiencing severe behaviours or psychological symptoms of dementia.

**NBA:** Nationally consistent assessment for eligibility into the Specialist dementia care program which provides accommodation, management and support for those people living with dementia who are unable to be care for by mainstream services.

#### Programs:

**Dementia engagement modelling program:** A First line support for people living with dementia in residential aged Care, who are negatively impacted by isolation and loneliness.

**Childhood dementia support:** Providing practical strategies and advice to families caring for children diagnosed with dementia.

**Building capacity:** Building Capacity helps staff identify and understand the cause of a behaviour and develop a care approach to address and potentially resolve any issues.

**Regional and remote support:** Targeted remote outreach to services across Australia with access disadvantage.

#### Referrals:

Referrals for all DSA services are accepted from family carers or health professionals.

☎ 1800-699-799 (24 hours, 7 days)

🌐 [dementia.com.au](http://dementia.com.au)

✉ [dsa@dementia.com.au](mailto:dsa@dementia.com.au)

### Dementia Australia

National peak body for people impacted by dementia in Australia.

Dementia Australia is the source of trusted information, education, and support services.

Provides free telephone information and dementia support services for people with dementia, their carers, families and friends, and people concerned about memory loss.

#### Phone and advisory services:

☎ 1800 100 500 (24/7 service)

**Dementia helpline:** The National Dementia Helpline is a free telephone service that provides information and advice.

**Counselling:** Dementia Australia offers free, confidential, professional counselling for individuals, families, couples, and professional carers at all stages of a dementia journey.

**Living with dementia:** We offer individualised support to people of all ages diagnosed with dementia, or people assessed with mild cognitive impairment. It is also available to your family member or support person. Work with a skilled Dementia Australia staff member over 6 sessions. Receive personalised information to help you manage your diagnosis and live well.

**Families and carers:** Dementia Australia provides high-quality services and support to meet family and carer needs.

**Younger onset dementia Hub:** Created in consultation with people living with younger onset dementia, the younger onset dementia hub informs, educates and provides support unique to the challenges of those under 65. [yod.dementia.org.au](http://yod.dementia.org.au)

**Translating and Interpreting Service** 131-450  
**National Relay Service** 133-677

#### Online support groups:

Dementia Alliance International (DAI): Provides a free, confidential, member-only online support group.

☎ [dementiaallianceinternational.org](http://dementiaallianceinternational.org)

✉ [info@infodai.org](mailto:info@infodai.org)